

Your Bill Of Rights

- ~ You have the right to be you
- ~ You have the right to put yourself first
- ~ You have the right to be safe
- ~ You have the right to love and be loved
- ~ You have the right to be treated with respect
- ~ You have the right to be human and perfect in your own way!
- ~ You have the right to be angry and protest if you are treated unfairly or abusively by anyone.
- ~ You have the right to your own privacy
- ~ You have the right to your own opinions, to express them and to be taken seriously
- ~ You have the right to earn and control your own money
- ~ You have the right to ask questions about anything that affects your life
- ~ You have the right to make decisions that affect you
- ~ You have the right to grow and change (and that includes changing your mind)
- ~ You have the right to say NO!
- ~ You have the right to make mistakes
- ~ You have the right NOT to be responsible for other adults' problems
- ~ You have the right not to be liked by everyone
- ~ YOU HAVE THE RIGHT TO CONTROL YOUR OWN LIFE AND TO CHANGE IT IF YOU ARE NOT HAPPY WITH IT AS IT IS!